

I. COURSE DESCRIPTION:

This course builds on the knowledge and skills acquired in the introductory course Nail Care Techniques 1. This course will reinforce knowledge of the anatomy of the foot and leg. Students will gain skills in client consultations and pedicure procedures. Sanitation and sterilization will be practiced.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Describe the basic anatomy of the foot and leg.

Potential Elements of the Performance:

- a. Identify and describe the functions of the bones and muscles of the foot and lower leg that are affected by massage.

2. Distinguish between normal and abnormal nail disorders and diseases.

Potential Elements of the Performance:

- a. Identify disorders that may be treated in the salon and those that must be treated by a doctor.
- b. Practice sterilization and sanitation procedures.

3. Practice safe and effective use of implements.

Potential Elements of the Performance:

- a. Identify implements used for a pedicure.
- b. Describe what each implement is used for.
- c. Identify implements that are reusable and must be sterilized.
- d. Identify implements that are disposable.
- e. Follow step-by-step procedures on the use of each implement.
- f. Follow sterilization and sanitation procedures.

4. Prepare a pedicure station for a pedicure service.

Potential Elements of the Performance:

- a. Identify all implements; nail cosmetics and materials needed to perform a pedicure.
- b. Follow step-by-step procedure for pedicure station set up.
- c. Maintain a safe and sanitary work area.
- d. Practice all sanitation and sterilization procedures.

5. Perform a professional client consultation.

Potential Elements of the Performance:

- a. Display professional conduct.
- b. Display effective communication skills.
- c. Record client information on a client health/record form.
- d. Determine when it is necessary to take precautions.
- e. Identify contraindications.
- f. Determine when it is necessary to refer a client to a doctor.
- g. Recommend products and add on services.
- h. Perform a post service and record information of service and recommendations.

6. Perform a pedicure.

Potential Elements of the Performance:

- a. Perform a pedicure preservice.
- b. Conduct a client consultation.
- c. Follow step-by-step pedicure procedure.
- d. Perform a foot massage.
- e. Practice sanitation and sterilization of all equipment and implements.

7. Demonstrate the correct technique for polish application

Potential Elements of the Performance:

- a. Follow step-by-step procedures.

8. Perform a foot massage.

Potential Elements of the Performance:

- a. Describe the benefits of a foot massage.
- b. Identify conditions where precautions must be taken.
- c. Follow step-by-step procedures.

9. Perform a paraffin wax treatment on the feet.

Potential Elements of the Performance:

- a. Describe the benefits of a paraffin wax treatment.
- b. Identify contraindications.
- c. Follow step-by-step procedure.
- d. Follow safe and sanitary requirements.

10. Show an understanding of how bacteria and infections can breed in the Salon.

Potential Elements of the Performance:

- a. Identify the steps necessary to protect self and clients from the spread of infection

11. Identify skin disorders that can and cannot be serviced in a salon.

Potential Elements of the Performance:

- a. Identify and describe the characteristics of skin disorders that can and those that cannot be serviced.

12. Show and understanding of how aromatherapy can be incorporated into a nail service.

Potential Elements of the Performance:

- a. Explain where essential oils come from and some of their benefits.
- b. Identify carrier oils and understand their use.

III. TOPICS:

1. Pedicures
2. Foot Massage
3. Bacteria and Other Infectious Agents
4. Skin Disorders
5. Anatomy of the Foot and Leg
6. Aromatherapy

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Handouts.
Nail kits.

V. EVALUATION PROCESS/GRADING SYSTEM:

Students must pass both practical lab and theory components separately. In order to receive a passing grade in this course, students must achieve at least 75% in the practical lab component.

Practical Pedicure Station Set up, Filing Technique, Credo, Foot File and Cuticle Work	15%
Theory	30%
Practical Foot Massage and Red Polish Application	15%
Final Practical Full Pedicure	40%

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.